



PRAYER & LIFE WORKSHOPS

Prayer & Life Workshops is a service to the Church led by prayer guides, and devised by Fr Ignacio Larrañaga, a Spanish Capuchin priest. It has reached all five continents, and is coming to this area very soon!

Through Prayer & Life Workshops you will:

- Learn and practise a variety of ways of praying
- Become more familiar with the Word of God, as the source of a living dialogue with the Lord
- Be challenged to live like Christ, seeking to do as the Lord would do in your place
- Find spiritual freedom from life's conflicts
- Become more fully the living presence of Christ

We invite you to a taster session



PRAYER AND LIFE WORKSHOPS

A New Evangelization

HOW CAN I TAKE PART?

We invite you to experience the Workshops in North Staffordshire this autumn. Here are the details of where you can take part...

Workshop especially for men at St Joseph's Church, High Street, Goldenhill ST6 5RD, on Saturday mornings 9.30am to 11.30am (Come for Tea, coffee & a bacon butty from 9am) beginning on 4th November 2023

Workshop for everyone at St Joseph's Church, High Street, Goldenhill ST6 5RD on Friday mornings 10am to 12noon beginning on 10th November 2023

Workshop for everyone at Our Lady & St Werburgh's Church, Seabridge Lane, Clayton ST5 4AG on Saturday mornings 10.30am to 12.30pm (after 10am Mass) beginning on 18th November 2023

"We cannot understand God. But we can embrace him.
And if we embrace him in prayer, then we understand him better."

Fr Ignacio Larrañaga

